



Arizona Lyme Disease Association

www.azlyme.org

# Education & Support

**Tucson Chapter support meetings are FREE and open to all!**

*Saturday, October 8, 2011*

## **Healing Chronic Lyme through Soul Connection**

**Julie Haber**

**2:00 pm – 3:00 pm Dusenberry River Branch Library**

Julie has 20 years experience and extensive training in holistic and spiritual lifestyle, including currently being the lead spiritual service provider at Canyon Ranch in Tucson. She has formerly been on staff at the Kripalu Center for Yoga and Health, in Lenox, MA, the largest yoga and health spa in the country. She incorporates a blend of mindfulness and heart based techniques in her approach to healing and spiritual counseling. In addition to 10 years of in depth study of Sufism, she is also a graduate of a three year program designed to provide healing and ministry to individuals, couples, families, and communities. She has received the honor of Master Sufi Teacher, and finds herself particularly interested in the relationship between healing and spirituality. As a certified mediator, she is also skilled in conflict resolution and peacemaking. She is known for her practicality, sense of humor, and heart centered approach to healing.

**3:00 pm – 4:00 pm Support and Personal Sharing**

*Saturday, November 12, 2011*

## **Review of Lyme Treatment Guidelines**

**L. Casey Boysel D.O.**

**2:00 pm – 3:00 pm Wellness First**

Dr. Burrascano's Lyme Treatment Guidelines are a compilation of years of research studies, and lyme specialists practical recommendations. The document can be freely downloaded from [www.ILADS.org](http://www.ILADS.org) <<http://www.ilads.org/>>, click on "About Lyme", then scroll down to the 37 page document. Copies will be available at the meeting for \$5.

*"In general, you can think of LB as having three categories: acute, early disseminated, and chronic. The sooner treatment is begun after the start of the infection, the higher the success rate. However, since it is easiest to cure early disease, this category of LB must be taken VERY seriously. Undertreated infections will inevitably resurface, usually as chronic Lyme, with its tremendous problems of morbidity and difficulty with diagnosis and treatment and high cost in every sense of the word. So, while the bulk of this document focuses of the more problematic chronic patient, strong emphasis is also placed on earlier stages of this illness where closest attention and care must be made."*

Dr. Boysel, a specialist in Physical Medicine with an expertise in Manual Medicine and Physical Rehabilitation, is in private practice at Indigo Osteopathic Medicine. She has just completed the ILADS Physician Fellowship Training program, with Raphael Stricker M.D. in San Francisco. She's now accepting patients with Lyme Disease and other related Tick-Borne Infections.

**3:00 pm – 4:00 pm Support and Personal Sharing**

**DECEMBER 10, 2011**

**LOCATION TBA**

**PUTTING LYME  
BEHIND YOU**

**DR. BURRANCANO**

**Audio**

**PLEASE NOTE:**

**Meeting locations  
may vary:**

**Dusenberry River  
Branch Library**

**5605 E. River Road**

**or**

**Wellness First**

**3861 N. First Ave.**

**1 block south of Roger**

**Sign up for our email  
list at address below to  
be notified of  
schedule changes.**

**Questions? Contact:**

**Donna at [nanandbo@cox.net](mailto:nanandbo@cox.net)  
or Jane at 529-0221**